

SPOTS COURSE

Sheffield Paediatric Orthopaedic and Trauma Skills Course

6th - 8th November 2024 | INOX Centre, Sheffield

In association with The Sharrard Society



This course has been designed to help consultants and senior trainees keep up-to-date and practice skills in both elective and trauma Paediatric Orthopaedics.

It is based here in Sheffield at the INOX Centre with a national and international invited faculty.

Over the period of the course during the three days we aim to cover many aspects of elective and trauma Paediatric Orthopaedics.

Course Faculty:



Caroline Blakey



John Cashman



Sara Dorman



Owain Evans



James Fernandes



Mark Flowers



Steve Giles



Nick Green



Robert Kucharski



Sanjeev Madan



Nick Nicolaou



Dominic O'Dowd

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Wednesday 6th November - LL Trauma


Provisional programme - subject to change

08:00-08:30 - Registration and coffee

08:30-08:45 - Welcome and Housekeeping


08:45-09:15 - PRESENTATION - Introduction to paediatric lower limb trauma

09:15-09:45 - PRESENTATION - Principles of elastic nailing and tips & tricks in the LOWER LIMB

09:45-10:45 - Skills stations: Elastic nailing LL 

10:45-11:00 - Coffee

11:00-12:00 - PRESENTATION - Lower limb trauma challenging cases

12:00-13:00 - Skills stations: PNP Nail 

13:00-13:30 - Lunch

13:30-15:00 - CASE DISCUSSIONS - to include lower limb

15:00-15:30 - Skills stations: Spica cast

15:30-15:45 - Tea

15:45-16:30 - DEMO - The slipped capital femoral epiphysis and how to manage

16:30-17:00 - PRESENTATION - managing paediatric musculoskeletal infection

17:00-17:45 - CASE DISCUSSIONS - paediatric infection

17:45 - CLOSE



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Thursday 7th November - UL Trauma and F&A Elective Paediatric Orthopaedics

08:00-08:15 - Registration and coffee

Provisional programme - subject to change

08:15-08:45 - PRESENTATION - Introduction to paediatric upper limb trauma

08:45-09:15 - PRESENTATION - Principles of elastic nailing and tips & tricks in the UPPER LIMB

09:15-10:15 - Skills Stations - Telescopic nailing UL 

10:15-10:30 - Coffee

10:30-11:30 - CASE DISCUSSIONS - Upper limb trauma

11:30-12:00 - PRESENTATION - Tips & tricks for fractures around the elbow

12:00-12:30 - LIVE DEMO - Supracondylar masterclass

12:30-13:30 - Skills Stations - Supracondylar and lateral condyle

13:30-14:00 - Lunch

14:00-14:15 - PRESENTATION - Intro to paediatric foot - Ponseti recap

14:15-15:15 - Skills Stations - CTEV, atypical CTEV, CVT

15:15-15:45 - PRESENTATION - Management of residual and recurrent CTEV, ilizarov frame

15:45-16:00 - Tea

16:00-17:00 - CASE DISCUSSIONS - Flat foot, cavovarus foot, complex foot deformity

17:00 - CLOSE

19:00 - Course Dinner (entry by purchase of ticket)



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Friday 8th November - Elective Paediatric Orthopaedics

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08:15-08:30 - Registration and coffee

08:30-09:00 - INTERACTIVE PRESENTATION - Understanding gait analysis

09:00-09:15 - Current concepts - VDRO

09:15-10:15 - Skills Stations - Femoral osteotomy



10:15-10:30 - Coffee

10:30-12:00 - CASE DISCUSSIONS - CP

12:00-12:30 - Lunch

12:30-13:45 - CASE DISCUSSIONS - early DDH with pavlik demo / late DDH / Perthes

13:45-14:15 - TBC

14:15-14:30 - Tea

14:30-15:15 - LIVE PRESENTATION - DDH how I treat

15:15-16:15 - PANEL DEBATE - Perthes

16:15 - CLOSE

